

URGENT !

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Attack on Vitamins

In May, we sent *Codex Alimentarius Ahead!* [WM-1270], warning you of what may be coming our way. The pharmaceutical industry (drug companies) of Europe have pressured (probably bribed) the headquarters of the *European Union* (EU) to move toward banning European sales of vitamins which are not prescribed by physicians and are in large dosages.

This new regulation will accomplish several objectives: (1) It will pour millions of *euros* (European equivalent of dollars) into the large pockets of the drug companies. (2) Lacking the vitamins, the maladies of the people will increase and they will need more drugs. (3) Physicians and hospitals will have more patients to treat and profit from.

In the United States, after the *Dietary Supplement*

Health and Education Act of 1994 was enacted by Congress, Americans were able to learn the health benefits of vitamins, minerals, and herbs. And they were able to purchase them in large dosages. As more and more Americans learned how beneficial they are, by 2002, more nutritional supplements were being sold in the U.S. than drug medications!

So the U.S. pharmaceutical industry used a sneak approach to solve the problem. Get Congress to approve a treaty whereby America would submit to the terms of *Codex Alimentarius!* Satan is trying to make the whole world sicker! Some reports say the ban will take effect in June 2005. Others say it will occur in August. Here is the data. I apologize, but I only learned of it just now. - vf

AS WE GO TO PRESS—I contacted one of the largest supplement manufacturers in America, and was told that the ban may not go into effect in the U.S. this summer. But the threat is very real; the FDA is working to get it here. And that, if the EU Advocate General’s recommendations are followed, it will take effect throughout EU countries on August 1. The ban is already in effect in Britain and Germany.

KISS YOUR VITAMINS GOOD-BYE!

BY DR. CAROLYN DEAN

The U.S. *Delegation to Codex* has just issued a formal written statement to the *Codex Alimentarius Commission* that the United States, during the July 4-9, 2005, meeting in Rome, will support compulsory rules created by this international organization directly overruling U.S. law regarding access to vitamins.

The U.S. law that is about to be vanquished is the *Dietary Supplement, Health and Education Act of 1994*. Codex is a joint venture between the United Nation’s *World Health Organization* and *Food and Agriculture Organization* (WHO/FAO). The *World Trade Organization* (WTO) has already stated that it will enforce Codex “guidelines” as the world standard for trade in dietary supplements. This will mean that gradually, pill-by-pill, our access to the dietary supplements we depend on will disappear.

For those not familiar with the *Dietary Supplement Health and Education Act of 1994*, it was passed because 2.5 million ordinary citizens wanted to make sure dietary supplements such as herbs, vitamins, minerals and other food-based supplements could stay on the over-the-counter market. Movement to create this law, known as DSHEA, started when a 1992 FDA task force published a report announcing the FDA’s desire to remove these products from the shelves, since they represented a “disincentive for patented drug research.”

Immediately following this announcement, millions

of Americans learned about how famed vitamin doctor, Jonathan Wright’s patient-filled medical office was raided the same month by nearly two dozen gun-toting, flak-jacketed FDA agents in the name of regulating supplements. Battering down an unlocked office door, these agents, backed by burly sheriff’s department deputies, lined up staff and patients against the wall. They pulled IVs from patients arms in the middle of treatments, confiscated patient records, and took the hard drive from the office computer. They did all this because Dr. Jonathan Wright was using nutritional supplements to heal very sick people who could not get help from standard allopathic medical care.

As the story developed, it turned out that this Gestapo-style raid was standard operating procedure for the FDA. As the general public became aware of just how many doctors’ offices, manufacturing companies, distributors, and health-food stores had been assaulted by similar raids, the horror of all this forged a mighty health freedom army that resulted in the unanimous passage of DSHEA.

The idea of the law was twofold:

1. DSHEA was to make a clear distinction between FOOD (which is considered generally safe and did not need to have permission from the FDA to be allowed on the market) and DRUGS (which are generally toxic, potentially deadly, and in need of lengthy evaluation before they were available to the public under prescription from a doctor).

2. DSHEA provides the FDA with plenty of legal authority to remove herbs or dietary supplements from

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2 the market, providing the agency has plenty of *real* evidence of *real* harm to the public. The FDA also has the authority to limit the amount of a supplement to low levels *if* the agency has plenty of *real* evidence to prove higher levels *are actually* dangerous.

The FDA and its Big Pharma backers have never liked DSHEA, because these products and the related natural healing arts services often related to them are putting the allopathic drug/surgical/chemical medical industry to shame.

In my book, *Death by Modern Medicine*, using the allopathic medical industry's own official reports, I document how 784,000 people die every year in the American medical system while following doctors' orders in a highly regulated allopathic system. The proof that dietary supplements and the practitioners who promote them are safe and work as expected is evidenced everywhere. Studies conducted all over the world have shown that supplements are actually safer than food; and there is simply no hard evidence to show there is *any* risk factor worthy of discussion, much less needing universal "risk assessment."

Yet the U.S. Delegation, along with its Big Pharma backers, are bound and determined that Codex force "risk analysis assessments" upon the American dietary supplement industry, so they can bypass the expressed will of the American people.

The real reason for promotion of "risk assessment" is based on two agendas. First, to be able to strip the over-the-counter marketplace of everything but low quality, low-dosage level products that won't do much to support or improve health. Second, to set up the framework to allow Big Pharma to take over the supplement market as a new form of drugs, where prices can be jacked up outrageously and doled out by doctors for a fee.

Understand this: If you do not *act now*, you and everyone you love will be condemned to living under an international law that denies your basic right to maintain your health. *Without health, you have no freedom!*

Dr. Carolyn Dean is a medical doctor, naturopathic doctor, herbalist, acupuncturist, nutritionist, as well as a powerful health activist fighting for health freedom as president of Friends of Freedom International. Dr. Dean is the author of over a dozen health books; the latest is "Death By Modern Medicine."

CODEX ALIMENTARIUS ENDS U.S. SUPPLEMENTS IN JUNE 2005

BY DR. JAMES HOWENSTINE, M.D.

Working stealthily, Big Pharma has rapidly pushed their legislative program (*Codex Alimentarius*) in Europe. That will eliminate the free choice Americans now have to purchase vitamins, herbs, minerals, homeopathic remedies, amino acids and nutritional supplements. This elimination of all competition for the phar-

maceutical industry will produce an enormous increase in the already exorbitant profits earned by the pharmaceutical firms.

Of even greater significance, the lack of free choice to stay well by taking effective nutritional substances will promptly be followed by a sharp increase in illnesses that will only be treated in the future with pharmaceutical drugs.

The new *Codex Alimentarius*, adopted in a secret meeting in Europe in November 2004, is scheduled to take effect in June 2005. Because the United States belongs to the *World Trade Organization* (WTO), any changes approved in Europe automatically become law in the United States, superceding our own laws. (We are no longer a sovereign nation.) [This is because treaties the U.S. enters into take precedence over applicable U.S. laws. *vf*]

Failure to comply with these changes institutes lawsuits which cannot be won; since they are settled in international courts which care nothing about U.S. laws.

Incidentally, Europe has been very leery of genetically modified foods because of serious concerns about their safety. By this same WTO mechanism, Europe will be forced to accept importation of U.S. GMO foods, even if they know they are bad for health.

The features of *Codex Alimentarius* are these:

- No supplements can be sold for *preventive or therapeutic use*.
- Any potency higher than RDA levels (pathetically low) *is a drug that requires a prescription and must be produced by drug companies*.
- Codex regulations are binding internationally.
- New supplements are banned unless given Codex testing and approval (*certain to be expensive and lacking in scientific merit*). Norway and Germany are already operating under the new Codex regulations. The price of zinc tablets has gone from \$4 to \$52. Echinacea has risen from \$14 to \$153. [Even herbs will be outlawed!]

• Codex regulations *are not based on science or research findings*. These regulations were developed by 11 appointed persons. Guess who appointed them? *Why Haven't I Heard about This?*

The controlled press has been instructed to avoid commenting on this issue until it becomes a *fait accomplis* [an accomplished fact]. At that time your congressional legislators will say they are sorry; but there is nothing they can do to reverse the *Codex*. The truth is they were, all but a few, bought and paid for long ago, when the *World Trade Organization* was ratified by the U.S. Congress.

Can Anything Be Done to Stop This Codex?

I hope so; but the remaining time is miniscule and the enemy has carried out a brilliant strategy. There is no reason for any optimism about the possibility of reversing the *Codex* regulations. A brilliant English lawyer (Anderson), considered to be the top lawyer in that nation, has agreed to fight the *Codex* in court because he thinks he can win. This fight needs money because it is against the incredible financial resources of the pharmaceutical industry. Two other sinister *Di-*

rectives need to be reversed in Brussels as well as the implemented Codex Directive.

Contacting your congressman and senator is desirable. If millions of persons get involved, the legislators may take notice. The New World Order leaders were shocked when meetings in Seattle, in 1999, and Quebec City, in 2001, resulted in riots. When the responsible U.S. citizens that have kept themselves well with intelligent use of supplements learn that there is nothing available from now on, they are likely to be very angry. For many persons this may crystallize the realization that they are living in a police state and that there is no longer any power in the hands of private citizens.

What Can Concerned Individuals Do to Preserve Good Health?

If we are not able to stop this pharmaceutical juggernaut, some planning may still be worthwhile. Many large natural health product providers seem to be oblivious to this danger. Perhaps they are planning on selling out to Big Pharma at the last minute.

Buying a stock of the supplements, that have helped you, and putting them in the refrigerator or freezer seems wise. Remember the expiration date on a bottle is simply an educated guess. Manufacturers want to error on the side of public safety; and setting dates close to the time of manufacture encourages increased sales volume. The U.S. military has taken advantage of the probable safety of medicines beyond their expiration date, by continuing to use expired bottles for many months beyond their expiration date. This program has saved the military many millions of dollars in pharmaceutical costs. To determine safety of products involves expensive testing for evidence of oxidation and other deterioration of products; so it is not done very frequently by most companies.

Essential Oils

Those of you who don't know much about essential oils may want to start learning fast. Essential oils are very potent substances carefully grown and distilled from flowers, trees, shrubs, plants, flowers, roots, herbs, bushes and seeds. To make one pound of a pure essential oil may require 500 to 2000 pounds of carefully harvested raw plant material. An essential oil which was found in the tomb of a pharaoh in Egypt had no sign of bacterial contamination. The wide variety of essential oils permits therapy of many different conditions. *Perhaps the most valuable thing about essential oils is that they do not expire worthless.* They will be just as useful 25 years from now as they are today. Young Living Essential Oils of Payson, Utah, has a fine reputation for quality products. They are multi-level marketing; so you will need a referral to a representative to buy products.

For persons finding it hard to understand why all current turmoil is occurring, remember that the Bible warns us there would be unprecedented weather problems and a One World government in the end times. The powerful organizations putting this together (Trilaterals, Club of Rome, Bildenbergers, 33rd degree Masons, etc.) meet in secret and are serving Satan.

These individuals are certain that the world population is too large; and they want to reduce it by 90% or more. This explains how genocides of Christians in Africa can occur with no publicity. I think that vaccines are a diabolically clever way to kill people; and, now with the anti-terrorism laws, you can be arrested and imprisoned for refusing to take a government mandated vaccine. Where is our freedom?

Dr. James A. Howenstine is a board-certified specialist in internal medicine. He spent 34 years caring for office and hospital patients. After 4 years of personal study, he became convinced that natural products are safer, more effective, and less expensive than pharmaceutical drugs.

THE EU DIRECTIVE REGARDING CODEX ALIMENTARIUS

The *EU Directive* classifies vitamins and minerals in Europe as "medical drugs" rather than dietary supplements; this means that they're subject to government regulation in terms of dosage and availability.

It gets worse: *There are many nutrients known to be vital to optimal health that are not on the government's RDA nutrient list—including chromium picolinate, lysine, and selenium.* Under the directive, these types of supplements are banned from over-the-counter sale. Put simply, *it will be illegal to buy them without a prescription.*

The supplements that will be available will be restricted to multi-vitamins *containing no more than 100 percent of the established RDA amounts.* These are usually useless, trivial quantities—and they'll be *far more expensive* than what we have now.

This directive, for all intents and purposes, makes it illegal for people to keep themselves healthy by supplementing with essential nutrients.

In addition, the directive only allows supplements to be made from a list of 15 minerals and 13 vitamins. *That leaves out at least 40 minerals* important to the human metabolism and forbids the use of the most bio-available forms of vitamin complexes. In essence, *it means that all nutritional supplements will be virtually the same.* The specific combinations might vary; but the types and amounts of nutrients will be identical, no matter what product they're formulated into.

So, for instance, a middle-aged woman, who has a dangerously elevated homocysteine level will no longer have the option of reducing her risk of heart disease with a vitamin B dosage of her own choosing. If she's currently taking 5 mg of folic acid daily, under the new directive, she will be legally restricted to a prescription of 1 mg per day.

If she's taking a 100-mg dose of B₆, she'll be restricted to 10 mg. And her pantothenic acid (B₅) intake of 500 mg will drop to 200 mg. These maximum dosage levels have been chosen to "protect" her (so we're told), when, in fact, the protection she needs the most will be unavailable.

In addition to these essential B vitamins, low maximum dosage levels have also been set for vitamin C,

4 niacin, and vitamin E. But at least they made it on the list of allowed nutrients.

Approximately 350 supplement ingredients are missing from the list. If they are not added to the list by June 2005, they will be deemed illegal throughout the European Union. Supplement manufacturers may submit "technical dossiers" to support applications for the inclusion of individual elements or formulations on the so-called "positive list." But the EU has made this process so expensive and time consuming that many manufacturers simply can't afford the costs involved.

As a result, around 5,000 safe formulas and nutrients that have been on the market for decades will soon be banned."

INFORMATION FROM THE CODEX ALIMENTARIUS COMMISSION

BY PETER BYRNE

The *Codex Alimentarius Commission* (CAC) will be meeting here in Rome for a week-long conclave from 4 to 9 July, and one of the agenda points is the final approval of new worldwide vitamin guidelines that are expected to restrict availability of nutrient-containing supplements to consumers the world over. The text of the guidelines was finalized last November in Germany, by the *Codex Committee on Nutrition and Foods for Special Dietary Uses*.

I will be reporting from the CAC meeting, attending as part of a delegation of the *National Health Federation*, one of the very few voices that argue the side of consumer freedom of choice inside the meetings, albeit without a vote.

These types of international regulations are elaborated *without public input and even without the consent of national parliaments* of the participating countries.

Each country entrusts its vote, which will eventually determine national laws as well, to one person, the head of the national *Codex* delegation. And *Codex* delegations are typically headed by relatively low-level administrative employees of national health ministries.

So we are having what amounts to international laws being developed over the heads of and without input from national legislative authorities, let alone the public that will face the consequences. Democratic procedure has been officially abolished in the name of globalizing the economy and "removing barriers to trade."

THE FINAL DECISION IN JULY

BY PETER BYRNE

If you use vitamin and mineral supplements for health, you might want to fly over to Rome, Italy, and crash the July 4-9 meeting of the *Codex Alimentarius Commission*, a little-known international body that wields immense power over the global food market.

Should the *Codex Commission* approve the *Draft Guidelines for Vitamin and Mineral Supplements* on its agenda, 300 of the 420 basic vitamin and mineral products commonly used by European consumers will be banned from manufacture and trade inside the European Community.

The ban will seriously impact the export business of U.S.-based supplement companies and could eventually result in similar product restrictions being implemented here.

The *Codex* story has received almost no attention in the corporate press and media. Why do they not want you to know this information? Have they been paid off? What little information is available has been badly garbled, so it is difficult to obtain the true facts.

The *Codex Alimentarius* (Latin for "food code") *Commission* is so pathologically bureaucratic that its real intentions, and the probable consequences of its actions, are difficult to discern when wading through thousands of pages of jargon in its public reports.

MORE DATA

The U.S. signed the SPS and TBT Agreements, which are subsections of GATT [General Agreement on Trade and Tariffs]. *Codex* standards and guidelines were voluntarily up until the *Uruguay Round* of GATT [the General Agreement of Tariffs and Trade], which created the WTO [World Trade Organization] that has enforcement power via a new international court that doesn't follow our rules of evidence: the *Dispute Settlement Body*. The WTO has put the mechanisms in place to override any national law that interferes with multinational corporate profits; and that is why Congressman Ron Paul tried to remove us from the WTO in 2000 via *House Joint Resolution 90*.

Several WTO rulings have gone against U.S. law, forcing Congress to change our law under threat of cross-sector trade sanctions against broad sectors of our economy. The most recent and publicized of these was the situation regarding our steel industry and tariffs. If they can force the U.S. to change policy over such a vital national interest as our steel industry, the dietary and herbal supplement industry will be easy.

Codex regulations for dietary supplements would become binding, eliminating the escape clause within the General Agreement of Tariffs and Trade (GATT) that allows a nation to set its own standards. This applies to all member countries of the U.N. Any nation that does not accept and apply these new standards will be heavily fined by the World Trade Organization (WTO), creating the potential for crippling entire sectors of the nation's economy.

We cannot protect our supplement laws in the U.S.A. unless we can kill ratification of the global trade standard for vitamins and minerals, which stands to be ratified at the *Codex* meeting in Rome between July 4-9th 2005 or withdrawn from the WTO.